

Wildfires Impact at a Glance

Air Quality	Visibility in Miles	Particulate Matter Levels (1 hr average, parts per million)	Cautionary Statement	Protective Actions (Note: If you have specific concerns, contact your health care provider)
Good	10 miles	0 - 40	None	None
Moderate	6 to 9 miles	41 - 80	Unusually sensitive individuals - including those with heart or respiratory disease - should pay attention to symptoms and should consider limiting prolonged or heavy exertion.	If symptomatic, reduce exposure by: <ul style="list-style-type: none"> - Keeping doors and windows closed, seal large gaps as much as possible; - If cooling is needed, turning air-conditioning to re-circulate mode in home and car or use ceiling or portable fans (but do not use whole house fans that suck outdoor air into the home); - Avoiding indoor sources of pollutants, including tobacco smoke, frying or broiling foods, vacuuming, and using paints, solvents and adhesives; - Keeping at least a 5-day supply of medication available; and - Having supply of non-perishable groceries that do not require cooking.
Unhealthy for Sensitive Group	3 to 5 miles	81 - 175	People with respiratory or heart disease, the elderly and children should limit prolonged exertion and stay indoors when possible.	<ul style="list-style-type: none"> - Keep doors and windows closed, seal large gaps as much as possible. - If cooling is needed, turn air-conditioning to re-circulate mode in home and car or use ceiling or portable fans (but

				<p>do not use whole house fans that suck outdoor air into the home).</p> <ul style="list-style-type: none"> - Avoid indoor sources of pollutants, including tobacco smoke, frying or broiling foods, vacuuming, and using paints, solvents and adhesives. - Keep at least a 5-day supply of medication available. - Have supply of non-perishable groceries that do not require cooking.
Unhealthy	1.5 to 2.5 miles	176 - 300	<p>People with respiratory or heart disease, the elderly and children should avoid prolonged exertion and stay indoors when possible; everyone else should limit prolong exertion.</p>	<p>Sensitive Groups:</p> <ul style="list-style-type: none"> - Stay in a “clean room” at home (where there are no indoor smoke or particle sources, and possibly an air cleaner is used). - Consider temporarily relocating out of the area to a home of a friend or family member, if it is safe to do so. <p>General Population:</p> <ul style="list-style-type: none"> - Keep doors and windows closed, seal large gaps as much as possible. - If cooling is needed, turn air-conditioning to re-circulate mode in home and car or use ceiling or portable fans (but do not use whole house fans that suck outdoor air into the home). - Avoid indoor sources of pollutants, including tobacco smoke, frying or broiling foods, vacuuming, and using paints, solvents and adhesives.

				<ul style="list-style-type: none"> - Keep at least a 5-day supply of medication available. - Have supply of non-perishable groceries that do not require cooking.
Very Unhealthy	1 to 1.25 miles	301 - 500	People with respiratory or heart disease, the elderly, and children should avoid any outdoor activity. Everyone else should avoid any outdoor exertion.	General Population: If symptomatic, leave area, if safe to do so.
Hazardous	0.75 miles or less	Over 500	Everyone should avoid all outdoor exertion and should remain indoors whenever possible.	General Population: If symptomatic, leave area, if safe to do so.